# Myself Café with chef van Sant and sous chef Unterreiner 

A chic restaurant for those with a refined palate

## The Meal

A response- Choose two appetizers, one entree and two desserts
$B$ response- Choose two appetizers, one entree and one dessert (or one app with two desserts)

C response- Choose at least one item from each category of the menu.
Eat less = lower grades...

## Appetizers

## Lettuce Raps-

Write a six line rhyming rap/poem about your favorite things

## Chimi-change-a

Two to three sentences about how you've changed over the last five years.

## Chicken Wings

If you had the ability to fly, how would you use it? (good or evil||||||||||||?)

## Mains-Entrees-Shared Plates

## Family Meal

With a partner, write a set of personal goals that you share for the year. Make sure EACH of you write the responses on your OWN paper (Six total goals-three each-needed for a complete grade).

## Filet Mignon Mis-steak

Write a reflective paragraph (5-7) sentences about a time you messed up. This can be either a large or small instance as long as you describe the event in detail and include some sort of reflection in your response.

## Desserts and Café

## Double-shot of Espresso Yourself

Draw or describe what is important to you. Try to think of local/personal things as well as global examples.

## Home-Made Apple Pie

Draw a picture of your dream home (floor plan or actual drawing) The more detailed the better.

## All About YOU Tiramisu

Write nouns, adjectives, verbs, adverbs, etc that represent you, your values and your tastes

## Bill and Tip (copy onto the back of your assignment)

Thanks for visiting the Myself Café
Bill:
(this is where l'll put your grade)

Tip:
(Write a final tip/piece of advice you have about life in general)

