

## My Life in Six Words

### Directions:

You will create a unique and special “Name Plaque” on which you will explore the multi-dimensional and complex you.

Decide if your “My Life in Six Words” Name Plaque is something you would best create on paper or if you are best inspired to design it online.

Please arrange the following elements in the way you personally find most poignantly revealing about some of your most meaningful truths about – you.

- ▶▶ your name
- ▶▶ a six-word memoir of your life
- ▶▶ your favorite photo of yourself
- ▶▶ a symbol to represent a talent or skill
- ▶▶ a symbol to represent “your people” – family and friends
- ▶▶ a symbol to represent a dream or goal
- ▶▶ a symbol to represent a hobby or passion
- ▶▶ a symbol to represent the place you love the most and/or the place that gives you the most peace
- ▶▶ other symbols that you feel reflect you and/or the meaning of your name

\*\* Please note that your symbols can be drawn, added as a collage of cut out pictures from magazines, glued if you use actual small objects or created digitally on the computer.

\*\* Use your best judgment and work with the art medium that makes a presentation about you that you can truly take pride in. *You will be sharing these!*

**Examples** of six-word memoirs from *Not Quite What I Was Planning Six-Word Memoirs from Writers Famous and Obscure from Smith Magazine*, edited by Rachel Fershleiser and Larry Smith

“Soul’d out so I could prophet.” – Deepak Chopra’s son, Gotham Chopra

“Danced in fields of infinite possibilities.” – Deepak Chopra

“Almost a victim of my family.” – Chuck Sangster

“Took scenic route, got in late.” – Will Blythe

“And he nerded as never before.” – Jon Thysell

“I grew up in a cemetery.” – Rachael Hanel

“Fearlessness is the mother of reinvention.” – Arianna Huffington